



RESTAURANTE SÃO BENTO



TRADITIONAL
RESTAURANT

PORTUGUESE CUISINE

WEDDINGS

BAPTIZED

EVENTS

LUNCH: 12H00 - 15H00
DINNER: 19H00 - 22H00



CONTACTS:

+351 253 141 580
+351 965 535 386
hotel@sbento.pt
www.hotel.sbento.pt

Avenida de São Bento da Porta
Aberta N° 2993
4845-028 - Rio Caldo




RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

STARTERS

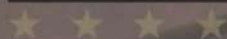
Couvert	3,50€
"Salgadinhos" (4 units)	4,00€
Gerês Mountain Cheeses	2,50€
Extra Bread	1,50€
Couvert Suggestion of the Chef	6,00€
Portobello Mushrooms with Mountain Small Cheese	6,00€
Clams in Wine, Garlic and Cilantro Broth	7,00€
Prawns in garlic 	13,00€
Puff Pastry envolved with Brie Cheese and Dried Fruit	7,00€
Octopus Ibérico 	7,00€
(with: toasted rustic bread with flavoured butter)	
"Migas" of Octopus Minhota	10,00€
(bread crumbs with chorizo, earthy beans and octopus)	
Melon with Smoked Ham 	6,00€
Iberic Smoked Ham in the Board	11,00€
Gerês Mountain Cheeseboard	11,00€
Gerês Mountain Cheese and Iberic Smoked Ham	17,00€

SALADS

Mixed Salad 	4,00€
(lettuce, tomatoes, carrots, onions, corn and olives)	
Tomato Salad with Fresh Cheese and Origans  ON REQUEST	6,00€
Tropical Salad 	8,00€
(Iberian Salad, Pecan Nuts, Feta Cheese, Cherry Tomatoes, Green Olives and Mango)	

SOUPS

Soup of the Day	3,50€
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FISH

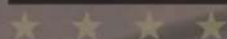
1 PERSON

Codfish "São Bento"  ON REQUEST (with Onion Sauce and Mashed Potatoes)	17,00€
Codfish with a Cornbread Crust (with: punched potatoes and greens)	16,00€
Codfish 'Lagareiro'  (with: punched potatoes and greens)	16,00€
Hake Stew "Poveira" with Seafood  (hake cooked with onions, potatoes and shellfish)	16,00€
Salmon Tenderloin with Bread Crust (with: Sweet Potato Mash and Asparagus)	17,00€
Octopus 'Lagareiro'  (cooked in olive oil, with punched potatoes, sprouts and raw onion)	22,00€
Monkfish Rice with Prawns	45,00€ (2 persons)

MEAT

1 PERSON

Grilled Veal  (with Punched Potatoes and Turnip Greens)	21,50€
Grilled T-Bone steak  (with: rustic potato and asparagus)	29,00€
Steak with 3 Chilli Sauce (with: fried potato slices)	18,00€
Magret of Duck (with: Sweet Potato Mash and Asparagus)	19,00€
Veal Tenderloin with Mushrooms Sauce (beef tenderloin wrapped in bacon, with: french fries)	21,50€
Wellington Tenderloin (wrapped in duck pâté and puff pastry - with: chips and sprouts)	21,50€
Roasted Young Goat  (with: roast potatoes and sprouts)	45,00€ (2 persons)



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CHILDREN MENU (0 AT 12 YEARS OLD)


1 PERSON

Steak with Fried Potatoes and Rice 	13,00€
Fish Fingers with Fried Potatoes and Rice	13,00€

(The Menu Included: Soup, 1 Main Dish and 1 Beverage)

VEGETARIAN

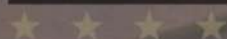
1 PERSON

Fettucine of Mixed Vegetables	18,00€
Sautéed Mushroom with Tagliatelle	18,00€
Tofu with Sweet Potato Mash and Asparagus 	18,00€

SPORTIVE

1 PERSON

Turkey Sautéed with Fusilli Pasta	18,00€
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RESTAURANTE TRADICIONAL

WINES

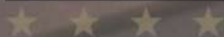


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WHITE WINE “VERDE”

	Cap.	€
Encostas da Abadia 2023 12%	glass 0,75cl	3,00€ 11,00€
Ponte de Lima Loureiro 2022 11,5%	0,75cl	12,50€
Ponte de Lima 2022 11,5%	0,75cl 0,37cl	11,50€ 7,00€
Muralhas 2022 12,5%	0,75cl 0,37cl	15,00€ 8,00€
Alvarinho Soalheiro 2022 11,5%	0,75cl	25,00€
Allo Soalheiro Dão 2021 12,5%	0,75cl	25,00€
Tapada Loureiro 2020 12%	0,75cl	12,00€
Capela da Tapada Loureiro/Alvarinho 2020 12,5%	0,75cl	15,00€



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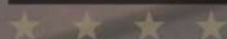
TRADITIONAL RESTAURANT

WHITE WINE

	Cap.	€
Monte das Servas Alentejo 2022 12,5%	glass 0,75cl	4,00€ 14,00€
Dona Maria Alentejo 2022 12,5%	0,75cl	16,00€
Planalto Douro 2022 12,5%	0,75cl	15,00€
Pera Manca Alentejo 2021 13%	0,75cl	75,00€

RED WINE

Crasto Douro 2020 14,5%	0,75cl	16,00€
Monte Ermos Douro 2021 14%	glass 0,75cl	3,50€ 13,00€
Quinta Seara D'Ordens Douro 2021 14%	0,75cl	15,00€
Quinta do Vallado Douro 2021 13,5%	0,75cl	22,00€



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RED WINE

	Cap.	€
Grão Vasco	0,37cl	7,00€
Dão 2021 12,5%	0,75cl	14,00€
Monte das Servas	glass	4,00€
Alentejo 2021 14,5%	0,75cl	14,00€
Dona Maria	0,75cl	16,00€
Alentejo 2019 14,5%		
Chaminé	0,75cl	23,00€
Alentejo 2020 13%		
Cartuxa	0,75cl	30,00€
Alentejo 2019 15%		
Pera Manca	0,75cl	350,00€
Alentejo 2015 14,5%		

RED WINE "VERDE"

	Cap.	€
Ponte da Barca	0,37cl	6,00€
2022 11%	0,75cl	10,00€
Fedelho Vinhão	0,75cl	12,00€
2022 12%		



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ROSÉ WINE

Mateus	0,37cl	7,50€
2023 11%	0,75cl	12,00€
Encostas da Abadia Rosé	0,75cl	11,00€
2023 12,5%		
Dom Diogo Padeiro	0,75cl	14,00€
2022 11,5%		
Quinta de La Rosa	0,75cl	16,00€
2021 13%		

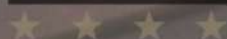
SPARKLING WINE & CHAMPAGNES

SPARKLING WINES

	Cap.	€
Raposeira Meio Seco	0,75cl	15,00€
Raposeira Bruto	0,75cl	20,00€
Murganheira Meio Seco	0,75cl	25,00€
Murganheira Bruto	0,75cl	28,00€

CHAMPAGNES

Charles Ranville	0,75cl	35,00€
Vranken Diamant Brut	0,75cl	75,00€
Veuve Clicquot	0,75cl	80,00€

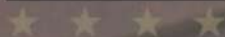


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BEVERAGES

Beer 0,33cl	3,00€
Cidra	3,00€
Compal Fruits	2,70€
Ice Tea (lemon / peach/ mango)	3,00€
Soft Drinks (seven up / coca-cola / fanta)	3,00€
Natural Orange Juice	6,00€
Mineral Water 0.5L	2,00€
Mineral Water 1L	3,50€
Sparkling Water 0.33cl	2,00€
Sparkling Water 0.75cl	4,00€





INFORMATION:

Dear Guest, if you are allergic to any ingredients listed below, please contact the employee before ordering any of our products if you wish you can request a technical data sheet for all the existing dishes.

Substances and Products that Can Allergies or Intolerances:

1. Cereals and products that containing Cereals;
2. Crustaceans or products with hellfish base;
3. Eggs and products with eggs base;
4. Fish and products with fish base;
5. Peanuts and products with peanuts base;
6. Soya and products with soya b
7. Milk and products with milk base (included lactose);
8. Nuts;
9. Celery and products with celery base;
10. Mustard and products with mustard base;
11. Sesame Seeds and products with Sesame Seeds Base;
12. Sulphur dioxide and sulphites;
13. Lupins and products with Lupins base;
14. Molluscs and products with Molluscs base;

(Regulation (UE) n° 1169/2011 of European Parliament of 25th October of 2011

No plate, food or beverage, including "couvert", can be charged if not requested by the customer or unused.

All the mentioned prices are with VAT included to the Legal Tax.