



RESTAURANTE SÃO BENTO



TRADITIONAL
RESTAURANT

PORTUGUESE CUISINE

WEDDINGS

BAPTIZED

EVENTS

LUNCH: 12H00 - 15H00
DINNER: 19H00 - 22H00



CONTACTS:

+351 253 141 580
+351 965 535 386
hotel@sbento.pt
www.hotel.sbento.pt

Avenida de São Bento da Porta
Aberta Nº 2993
4845-028 - Rio Caldo




RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

STARTERS

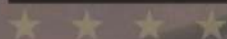
Couvert	3,70€
"Salgadinhos" (4 units)	4,00€
Gerês Mountain Cheeses	2,60€
Extra Bread	1,50€
Couvert Suggestion of the Chef	6,00€
Portobello Mushrooms with Mountain Small Cheese	6,50€
Clams in Wine, Garlic and Cilantro Broth	7,50€
Prawns in garlic 	13,50€
Puff Pastry envolved with Brie Cheese and Dried Fruit	7,50€
Octopus Ibérico 	7,50€
(with: toasted rustic bread with flavoured butter)	
"Migas" of Octopus Minhota	10,50€
(bread crumbs with chorizo, earthy beans and octopus)	
Melon with Smoked Ham 	6,50€
Iberic Smoked Ham in the Board	12,00€
Gerês Mountain Cheeseboard	12,00€
Gerês Mountain Cheese and Iberic Smoked Ham	18,00€

SALADS

Mixed Salad 	4,00€
(lettuce, tomatoes, carrots, onions, corn and olives)	
Tomato Salad with Fresh Cheese and Origans  ON REQUEST	6,00€
Tropical Salad 	8,00€
(Iberian Salad, Pecan Nuts, Feta Cheese, Cherry Tomatoes, Green Olives and Mango)	

SOUPS

Soup of the Day	5,00€
-----------------	-------



RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

FISH


1 PERSON

Codfish "São Bento"  ON REQUEST
(with Onion Sauce and Mashed Potatoes)


20,00€

Codfish with a Cornbread Crust
(with: punched potatoes and greens)

19,00€

Codfish 'Lagareiro' 
(Grilled in olive oil and garlic, served with punched potatoes and greens)

19,00€

Hake Stew "Poveira" with Seafood 
(hake cooked with onions, potatoes and shellfish)

18,00€

Salmon Tenderloin with Bread Crust
(with: Sweet Potato Mash and Asparagus)

19,00€

Octopus 'Lagareiro' 
(cooked in olive oil and garlic, with punched potatoes, sprouts and raw onion)

23,00€

Monkfish Rice with Prawns

47,00€
(2 persons)

MEAT

1 PERSON

Grilled Veal 
(with Punched Potatoes and Turnip Greens)

22,50€

Grilled T-Bone steak 
(with: rustic potato and asparagus)

30,00€

Steak with 3 Pepper Sauce
(with: fried potato slices)

19,00€

Magret of Duck
(with: Sweet Potato Mash and Asparagus)

20,00€

Veal Tenderloin with Mushrooms Sauce
(beef tenderloin wrapped in bacon, with: french fries)

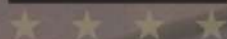
22,50€

Wellington Tenderloin
(wrapped in duck pâté and puff pastry - with: chips and greens)

22,50€

Roasted Young Goat 
(with: roast potatoes and greens)

47,00€
(2 persons)



RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

CHILDREN MENU (0 AT 12 YEARS OLD)


1 PERSON

Steak with Fried Potatoes and Rice 	14,00€
Fish Fingers with Fried Potatoes and Rice	14,00€

(The Menu Included: Soup, 1 Main Dish and 1 Beverage)

VEGETARIAN

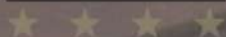
1 PERSON

Fettucine of Mixed Vegetables	19,00€
Sautéed Mushroom with Tagliatelle	19,00€
Toffu with Sweet Potato Mash and Asparagus 	19,00€

SPORTIVE

1 PERSON

Turkey Sautéed with Fusilli Pasta	19,00€
-----------------------------------	--------



RESTAURANTE SÃO BENTO

RESTAURANTE TRADICIONAL

WINES



RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

WHITE WINE “VERDE”

	Cap.	€
Encostas da Abadia 2023 12%	glass 0,75cl	3,10€ 11,50€
Ponte de Lima Loureiro 2023 11,5%	0,75cl	13,00€
Ponte de Lima 2023 11% 2023 11%	0,75cl 0,37cl	12,00€ 7,30€
Muralhas 2023 12%	0,75cl 0,37cl	15,50€ 8,30€
Alvarinho Soalheiro 2023 12,5%	0,75cl	25,50€
Allo Soalheiro 2021 11,5%	0,75cl	25,50€
Capela da Tapada Loureiro/Alvarinho 2020 12,5%	0,75cl	15,50€



RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

WHITE WINE

	Cap.	€
Monte das Servas	glass	4,10€
Alentejo 2022 12,5%	0,75cl	14,50€
Dona Maria	0,75cl	16,50€
Alentejo 2023 12,5%		
Planalto	0,75cl	15,50€
Douro 2023 12,5%		
Pera Manca	0,75cl	75,00€
Alentejo 2021 13%		

RED WINE

Crasto	0,75cl	16,50€
Douro 2022 13,5%		
Monte Ermos	glass	3,60€
Douro 2022 14%	0,75cl	13,50€
Quinta Seara D'Ordens	0,75cl	15,50€
Douro 2022 14%		
Quinta do Vallado	0,75cl	23,00€
Douro 2022 13,5%		



RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

RED WINE

	Cap.	€
Grão Vasco Dão 2022 12,5%	0,37cl 0,75cl	7,30€ 14,50€
Monte das Servas Alentejo 2022 14,5%	glass 0,75cl	4,10€ 14,50€
Dona Maria Alentejo 2019 14,5%	0,75cl	16,50€
Chaminé Alentejo 2020 13%	0,75cl	24,00€
Cartuxa Alentejo 2020 14,5%	0,75cl	30,00€
Pera Manca Alentejo 2015 14,5%	0,75cl	350,00€

RED WINE “VERDE”

	Cap.	€
Ponte da Barca 2023 11%	0,37cl 0,75cl	6,30€ 10,50€
Fedelho Vinhão 2023 12%	0,75cl	12,50€



RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

ROSÉ WINE

Mateus

2023 | 11%

0,37cl 7,80€

0,75cl 12,50€

Quinta de La Rosa

2023 | 13%

0,75cl 17,00€

SPARKLING WINE & CHAMPAGNES

SPARKLING WINES

	Cap.	€
Raposeira Meio Seco	0,75cl	16,00€
Raposeira Bruto	0,75cl	21,00€
Murganheira Meio Seco	0,75cl	26,00€
Murganheira Bruto	0,75cl	30,00€

CHAMPAGNES

Charles Ranville	0,75cl	40,00€
Vranken Diamant Brut	0,75cl	80,00€
Veuve Clicquot	0,75cl	85,00€

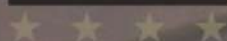


RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

BEVERAGES

Beer 0,33cl	3,00€
Cidra	3,10€
Compal Fruits	2,90€
Ice Tea (lemon / peach/ mango)	3,10€
Soft Drinks (seven up / coca-cola / fanta)	3,10€
Natural Orange Juice	6,00€
Mineral Water 0.5L	2,20€
Mineral Water 1L	3,70€
Sparkling Water 0.33cl	2,50€
Sparkling Water 0.75cl	4,50€





INFORMATION:

Dear Guest, if you are allergic to any ingredients listed below, please contact the employee before ordering any of our products if you wish you can request a technical data sheet for all the existing dishes.

Substances and Products that Can Allergies or Intolerances:

1. Cereals and products that containing Cereals;
2. Crustaceans or products with hellfish base;
3. Eggs and products with eggs base;
4. Fish and products with fish base;
5. Peanuts and products with peanuts base;
6. Soya and products with soya b
7. Milk and products with milk base (included lactose);
8. Nuts;
9. Celery and products with celery base;
10. Mustard and products with mustard base;
11. Sesame Seeds and products with Sesame Seeds Base;
12. Sulphur dioxide and sulphites;
13. Lupins and products with Lupins base;
14. Molluscs and products with Molluscs base;

(Regulation (UE) n° 1169/2011 of European Parliament of 25th October of 2011

No plate, food or beverage, including "couvert", can be charged if not requested by the customer or unused.

All the mentioned prices are with VAT included to the Legal Tax.