



# RESTAURANTE SÃO BENTO



TRADITIONAL  
RESTAURANT

PORTUGUESE CUISINE

WEDDINGS

BAPTIZED

EVENTS

**LUNCH: 12H00 - 15H00**  
**DINNER: 19H00 - 22H00**



**CONTACTS:**

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hotel@sbento.pt  
www.hotel.sbento.pt

Avenida de São Bento da Porta  
Aberta N° 2993  
4845-028 - Rio Caldo






# RESTAURANTE SÃO BENTO

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## STARTERS

Couvert	3,70€
"Salgadinhos" (4 units)	4,00€
Gerês Mountain Cheeses	2,60€
Extra Bread	1,50€
Couvert Suggestion of the Chef	6,00€
Portobello Mushrooms with Mountain Small Cheese	6,50€
Clams in Wine, Garlic and Cilantro Broth	7,50€
Prawns in garlic 	13,50€
Puff Pastry envolved with Brie Cheese and Dried Fruit	7,50€
Octopus Ibérico 	7,50€
(with: toasted rustic bread with flavoured butter)	
"Migas" of Octopus Minhota	10,50€
(bread crumbs with chorizo, earthy beans and octopus)	
Melon with Smoked Ham 	6,50€
Iberic Smoked Ham in the Board	12,00€
Gerês Mountain Cheeseboard	12,00€
Gerês Mountain Cheese and Iberic Smoked Ham	18,00€

## SALADS

Mixed Salad 	4,00€
(lettuce, tomatoes, carrots, onions, corn and olives)	
Tomato Salad with Fresh Cheese and Origans  ON REQUEST	6,00€
Tropical Salad 	8,00€
(Iberian Salad, Pecan Nuts, Feta Cheese, Cherry Tomatoes, Green Olives and Mango)	

## SOUPS

Soup of the Day	5,00€
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## FISH

1 PERSON

Codfish "São Bento"  ON REQUEST (with Onion Sauce and Mashed Potatoes)	20,00€
Codfish with a Cornbread Crust (with: punched potatoes and greens)	19,00€
Codfish 'Lagareiro'  (Grilled in olive oil and garlic, served with punched potatoes and greens)	19,00€
Hake Stew "Poveira" with Seafood  (hake cooked with onions, potatoes and shellfish)	18,00€
Salmon Tenderloin with Bread Crust (with: Sweet Potato Mash and Asparagus)	19,00€
Octopus 'Lagareiro'  (cooked in olive oil and garlic, with punched potatoes, sprouts and raw onion)	23,00€
Monkfish Rice with Prawns	47,00€ (2 persons)

## MEAT

1 PERSON

Grilled Veal  (with Punched Potatoes and Turnip Greens)	22,50€
Grilled T-Bone steak  (with: rustic potato and asparagus)	50,00€ (2 persons)
Steak with 3 Pepper Sauce (with: fried potato slices)	19,00€
Magret of Duck (with: Sweet Potato Mash and Asparagus)	20,00€
Veal Tenderloin with Mushrooms Sauce (beef tenderloin wrapped in bacon, with: french fries)	22,50€
Wellington Tenderloin (wrapped in duck pâté and puff pastry - with: chips and greens)	22,50€
Roasted Young Goat  (with: roast potatoes and greens)	47,00€ (2 persons)



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## CHILDREN MENU (0 AT 12 YEARS OLD)


**1 PERSON**

Steak with Fried Potatoes and Rice 	14,00€
Fish Fingers with Fried Potatoes and Rice	14,00€

**(The Menu Included: Soup, 1 Main Dish and 1 Beverage)**

## VEGETARIAN

**1 PERSON**

Fettucine of Mixed Vegetables	19,00€
Sautéed Mushroom with Tagliatelle	19,00€
Toffu with Sweet Potato Mash and Asparagus 	19,00€

## SPORTIVE

**1 PERSON**

Turkey Sautéed with Fusilli Pasta	19,00€
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# RESTAURANTE SÃO BENTO

RESTAURANTE TRADICIONAL

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## WINES

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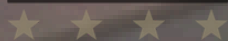


# RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

## WHITE WINE “VERDE”

	Cap.	€
<b>Encostas da Abadia</b>	glass	3,10€
2023   12%	0,75cl	11,50€
<b>Ponte de Lima Loureiro</b>	0,75cl	13,00€
2023   11,5%		
<b>Ponte de Lima</b>	0,75cl	12,00€
2023   11%		
2023   11%	0,37cl	7,30€
<b>Muralhas</b>	0,75cl	15,50€
2023   12%	0,37cl	8,30€
<b>Alvarinho Soalheiro</b>	0,75cl	25,50€
2023   12,5%		
<b>Allo Soalheiro</b>	0,75cl	25,50€
2021   11,5%		
<b>Capela da Tapada Loureiro/Alvarinho</b>	0,75cl	15,50€
2020   12,5%		



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## WHITE WINE

	Cap.	€
<b>Monte das Servas</b> Alentejo 2022   12,5%	glass 0,75cl	4,10€ 14,50€
<b>Dona Maria</b> Alentejo 2023   12,5%	0,75cl	16,50€
<b>Planalto</b> Douro 2023   12,5%	0,75cl	15,50€
<b>Pera Manca</b> Alentejo 2021   13%	0,75cl	75,00€

## RED WINE

<b>Crasto</b> Douro 2022   13,5%	0,75cl	16,50€
<b>Monte Ermos</b> Douro 2022   14%	glass 0,75cl	3,60€ 13,50€
<b>Quinta Seara D'Ordens</b> Douro 2022   14%	0,75cl	15,50€
<b>Quinta do Vallado</b> Douro 2022   13,5%	0,75cl	23,00€



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## RED WINE

	Cap.	€
<b>Grão Vasco</b> Dão 2022   12,5%	0,37cl 0,75cl	7,30€ 14,50€
<b>Monte das Servas</b> Alentejo 2022   14,5%	glass 0,75cl	4,10€ 14,50€
<b>Dona Maria</b> Alentejo 2019   14,5%	0,75cl	16,50€
<b>Chaminé</b> Alentejo 2020   13%	0,75cl	24,00€
<b>Cartuxa</b> Alentejo 2020   14,5%	0,75cl	30,00€
<b>Pera Manca</b> Alentejo 2015   14,5%	0,75cl	350,00€

## RED WINE "VERDE"

	Cap.	€
<b>Ponte da Barca</b> 2023   11%	0,37cl 0,75cl	6,30€ 10,50€
<b>Fedelho Vinhão</b> 2023   12%	0,75cl	12,50€



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## ROSÉ WINE

<b>Mateus</b>	0,37cl	7,80€
2023   11%	0,75cl	12,50€

<b>Quinta de La Rosa</b>	0,75cl	17,00€
2023   13%		

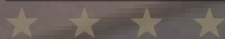
## SPARKLING WINE & CHAMPAGNES

### SPARKLING WINES

	Cap.	€
<b>Raposeira Meio Seco</b>	0,75cl	16,00€
<b>Raposeira Bruto</b>	0,75cl	21,00€
<b>Murganheira Meio Seco</b>	0,75cl	26,00€
<b>Murganheira Bruto</b>	0,75cl	30,00€

### CHAMPAGNES

<b>Charles Ranville</b>	0,75cl	40,00€
<b>Vranken Diamant Brut</b>	0,75cl	80,00€
<b>Veuve Clicquot</b>	0,75cl	85,00€



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## BEVERAGES

Beer 0,33cl	3,00€
Cidra	3,10€
Compal Fruits	2,90€
Ice Tea (lemon / peach/ mango)	3,10€
Soft Drinks (seven up / coca-cola / fanta)	3,10€
Natural Orange Juice	6,00€
Mineral Water 0.5L	2,20€
Mineral Water 1L	3,70€
Sparkling Water 0.33cl	2,50€
Sparkling Water 0.75cl	4,50€





## INFORMATION:

Dear Guest, if you are allergic to any ingredients listed below, please contact the employee before ordering any of our products if you wish you can request a technical data sheet for all the existing dishes.

Substances and Products that Can Allergies or Intolerances:

1. Cereals and products that containing Cereals;
2. Crustaceans or products with hellfish base;
3. Eggs and products with eggs base;
4. Fish and products with fish base;
5. Peanuts and products with peanuts base;
6. Soya and products with soya b
7. Milk and products with milk base (included lactose);
8. Nuts;
9. Celery and products with celery base;
10. Mustard and products with mustard base;
11. Sesame Seeds and products with Sesame Seeds Base;
12. Sulphur dioxide and sulphites;
13. Lupins and products with Lupins base;
14. Molluscs and products with Molluscs base;

(Regulation (UE) n° 1169/2011 of European Parliament of 25th October of 2011

No plate, food or beverage, including "couvert", can be charged if not requested by the customer or unused.

All the mentioned prices are with VAT included to the Legal Tax.