RESTAURANTE SÃO BENTO

TRADITIONAL RESTAURANT

PORTUGUESE CUISINE

WEDDINGS

BAPTIZED

EVENTS

LUNCH: 12H00 - 15H00
KITCHEN CLOSES AT 2:30 PM

DINNER: 19H00 - 22H00
KITCHEN CLOSES AT 9:30 PM

CONTACTS:

+351 253 141 580
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hotel@sbento.pt
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Avenida de São Bento da Porta
Aberta Nº 2993
4845-028 - Rio Caldo





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STARTERS

Couvert	3,90€
"Salgadinhos" (4 units)	4,20€
Gerês Mountain Cheeses	2,75€
Extra Bread	1,60€
Couvert Suggestion of the Chef	6,30€
Portobello Mushrooms with Mountain Small Cheese	7,00€
Clams in Wine, Garlic and Cilantro Broth	8,00€
Prawns in garlic	14,50€
Puff Pastry envolved with Brie Cheese and Dried Fruit	8,00€
Octopus Ibérico (with: toasted rustic bread with flavoured butter)	8,00€
“Migas” of Octopus Minhota (bread crumbs with chorizo, earthy beans and octopus)	11,00€
Melon with Smoked Ham	7,00€
Iberic Smoked Ham in the Board	13,00€
Gerês Mountain Cheeseboard	13,00€
Gerês Mountain Cheese and Iberic Smoked Ham	19,00€

SALADS

Mixed Salad (lettuce, tomatoes, carrots, onions, corn and olives)	4,50€
Caprese Salad Tomato and Mozzarella	4,50€
Tropical Salad (Iberian Salad, Pecan Nuts, Feta Cheese, Cherry Tomatoes, Green Olives and Mango)	9,00€

SOUPS

Soup of the Day	5,00€

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FISH

	1 PERSON
Codfish "São Bento" (GLUTEN FREE) ON REQUEST (with Onion Sauce and Mashed Potatoes)	22,00€
Codfish with a Cornbread Crust (with: punched potatoes and greens)	21,00€
Codfish 'Lagareiro' (GLUTEN FREE) (Grilled in olive oil and garlic, served with punched potatoes and greens)	21,00€
Hake Stew "Poveira" with Seafood (GLUTEN FREE) (hake cooked with onions, potatoes and shellfish)	20,00€
Salmon Tenderloin with Bread Crust (with: Sweet Potato Mash and Asparagus)	21,00€
Octopus 'Lagareiro' (GLUTEN FREE) (cooked in olive oil and garlic, with punched potatoes, sprouts and raw onion)	25,00€
Mare Nostrum, Harmony of Sea and Land (Confit octopus with sweet potato purée and baby vegetables)	28,00€
Monkfish Rice with Prawns	50,00€ (2 persons)

MEAT

	1 PERSON
Grilled Veal (GLUTEN FREE) (with Punched Potatoes and Turnip Greens)	24,00€
Grilled T-Bone steak (GLUTEN FREE) (with: rustic potato and asparagus)	50,00€ (2 persons)
Steak with 3 Pepper Sauce (with: fried potato slices)	20,00€
Magret of Duck (with: Sweet Potato Mash and Asparagus)	21,00€
Veal Tenderloin with Mushrooms Sauce (beef tenderloin wrapped in bacon, with: french fries)	24,00€
Wellington Tenderloin (wrapped in duck pâté and puff pastry - with: chips and greens)	24,00€
Roasted Young Goat (GLUTEN FREE) (with: roast potatoes and greens)	50,00€ (2 persons)

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CHILDREN MENU (0 AT 12 YEARS OLD)

	1 PERSON
Steak with Fried Potatoes and Rice	15,00€
Fish Fingers with Fried Potatoes and Rice	15,00€

(The Menu Included: Soup, 1 Main Dish and 1 Beverage)

OTHER DISHES:

	1 pessoa
Black Linguine with Prawns	22,00€
Fettuccine with Seitan and Sautéed Vegetables	20,00€
Sautéed Mushrooms with Tagliatelle	20,00€
Seared Tofu with Sweet Potato Purée and Asparagus	20,00€
Sautéed Turkey with Fusilli Pasta	20,00€

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RESTAURANTE TRADICIONAL

WINES



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TRADITIONAL RESTAURANT

WHITE WINE “VERDE”

	Cap.	€
Encostas da Abadia 2023 | 12%	glass 0,75cl	3,20€ 12,00€
Ponte de Lima Loureiro 2023 | 11,5%	0,75cl	13,50€
Ponte de Lima 2023 | 11% 2023 | 11%	0,75cl 0,37cl	12,50€ 7,50€
Muralhas 2023 | 12%	0,75cl 0,37cl	16,00€ 9,00€
Alvarinho Soalheiro 2023|12,5%	0,75cl	27,00€
Allo Soalheiro 2021 | 11,5%	0,75cl	27,00€
Capela da Tapada Loureiro/Alvarinho 2020 | 12,5%	0,75cl	16,00€

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WHITE WINE

	Cap.	€
Grão Vasco Dão 2024 | 12,5%	0,37cl	7,50€
Monte das Servas Alentejo 2022 | 12,5%	glass 0,75cl	4,20€ 15,00€
Dona Maria Alentejo 2023 | 12,5%	0,75cl	17,00€
Planalto Douro 2023 | 12,5%	0,75cl	16,50€
Duas Quintas Douro 2024 | 13%	0,75cl	27,00€
Pera Manca Alentejo 2021 | 13%	0,75cl	80,00€

VINHOS TINTOS

Crasto Douro 2022 | 13,5%	0,75cl	17,00€
Monte Ermos Douro 2022 | 14%	glass 0,75cl	3,80€ 14,00€
Quinta Seara D'Ordens Douro 2022 | 14%	0,75cl	16,00€
Quinta do Vallado Douro 2022|13,5%	0,75cl	24,00€

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RED WINE

	Cap.	€
Grão Vasco Dão 2022 | 12,5%	0,37cl 0,75cl	7,50€ 15,00€
Monte das Servas Alentejo 2022 | 14,5%	glass 0,75cl	4,20€ 15,00€
Dona Maria Alentejo 2019 | 14,5%	0,75cl	17,00€
Duas Quintas Douro 2023 | 13,5%	0,75cl	27,00€
Cartuxa Alentejo 2020 | 14,5%	0,75cl	40,00€
Pera Manca Alentejo 2015 | 14,5%	0,75cl	400,00€

RED WINE “VERDE”

	Cap.	€
Ponte da Barca 2023 | 11%	0,37cl 0,75cl	6,50€ 11,00€
Fedelho Vinhão 2023 | 12%	0,75cl	13,50€

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ROSÉ WINE

Mateus 2023 | 11%	0,37cl 0,75cl	8,00€ 13,00€
Quinta de La Rosa 2023 | 13%	0,75cl	18,00€
Encostas da Abadia 2025 | 12,5%	0,75cl	12,00€

SPARKLING WINE & CHAMPAGNES

SPARKLING WINES

	Cap.	€
Raposeira Meio Seco	0,75cl	17,00€
Raposeira Bruto	0,75cl	21,00€
Murganheira Meio Seco	0,75cl	26,00€
Murganheira Bruto	0,75cl	30,00€

CHAMPAGNES

Drappier Carte D'or Brut	0,75cl	60,00€
Vranken Diamant Brut	0,75cl	80,00€
Veuve Clicquot	0,75cl	85,00€

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BEVERAGES

Beer 0,33cl	3,10€
Cidra	3,20€
Compal Fruits	2,90€
Ice Tea (lemon / peach/ mango)	3,20€
Soft Drinks (seven up / coca-cola / fanta)	3,20€
Natural Orange Juice	6,00€
Mineral Water 0.5L	2,30€
Mineral Water 1L	3,80€
Sparkling Water 0.33cl	2,60€
Sparkling Water 0.75cl	5,00€

INFORMATION:

Dear Guest, if you are allergic to any ingredients listed below, please contact the employee before ordering any of our products if you wish you can request a technical data sheet for all the existing dishes.

Substances and Products that Can Allergies or Intolerances:

1. Cereals and products that containing Cereals;
2. Crustaceans or products with hellfish base;
3. Eggs and products with eggs base;
4. Fish and products with fish base;
5. Peanuts and products with peanuts base;
6. Soya and products with soya b
7. Milk and products with milk base (included lactose);
8. Nuts;
9. Celery and products with celery base;
10. Mustard and products with mustard base;
11. Sesame Seeds and products with Sesame Seeds Base;
12. Sulphur dioxide and sulphites;
13. Lupins and products with Lupins base;
14. Molluscs and products with Molluscs base;

(Regulation (UE) nº 1169/2011 of European Parliament of 25th October of 2011

No plate, food or beverage, including “couvert”, can be charged if not requested by the customer or unused.

All the mentioned prices are with VAT included to the Legal Tax.